



Six central areas compared for first visits, families, food, atmosphere and walkable sightseeing.

MONTI

TRASTEVERE

PRATI

TESTACCIO

PANTHEON

TREVI

Choose by travel style

There is no single best area. Start with what matters most: ancient Rome, Vatican access, nightlife, food or iconic landmarks.

First visit + ancient Rome

Monti: central, close to the Colosseum and Termini, with restaurants and local streets.

Evening atmosphere

Trastevere: picturesque lanes, restaurants and a livelier night-time rhythm.

Vatican-focused trip

Prati: broader streets, shopping and practical access to Vatican City.

Roman food culture

Testaccio: market life, traditional cuisine and a more residential character.

Iconic historic centre

Pantheon and Trevi offer exceptional landmark access; plan around crowds and tourist-oriented pricing.

Ancient Rome nearby

A practical snapshot - tap the card to open the full neighborhood article.

Monti

BEST FOR First visits, short stays, families and groups

FEEL Historic, lively and compact

WATCH FOR Cobblestones, stairs and evening noise

NEARBY Colosseum, Forum, Santa Maria Maggiore, Termini

WHO SHOULD CHOOSE IT?

Travelers who want a walkable base and quick returns to the apartment.

PLAN IT WELL

Check current transport, access and opening details before building the day around one attraction.

Evenings across the Tiber

A practical snapshot - tap the card to open the full neighborhood article.

Trastevere

BEST FOR Dining, evening walks and picturesque streets
FEEL Social, colourful and increasingly busy
WATCH FOR Noise, crowds and uneven paving
NEARBY Tiber, Santa Maria in Trastevere, Gianicolo

WHO SHOULD CHOOSE IT?

Visitors prioritizing restaurants and evening energy over rail convenience.

PLAN IT WELL

Check current transport, access and opening details before building the day around one attraction.

Vatican access

A practical snapshot - tap the card to open the full neighborhood article.

Prati

BEST FOR Vatican itineraries, shopping and families

FEEL Elegant, ordered and less medieval

WATCH FOR Less convenient for some ancient-Rome sights

NEARBY St Peter's, Vatican Museums, Castel Sant'Angelo

WHO SHOULD CHOOSE IT?

Travelers whose plans revolve around Vatican City and shopping.

PLAN IT WELL

Check current transport, access and opening details before building the day around one attraction.

Rome’s food district

A practical snapshot - tap the card to open the full neighborhood article.

Testaccio

BEST FOR Markets, Roman cuisine and repeat visitors

FEEL Residential, authentic and food-led

WATCH FOR Fewer headline monuments inside the district

NEARBY Piramide, Aventine, Protestant Cemetery

WHO SHOULD CHOOSE IT?

Food-focused visitors who prefer lived-in Rome to postcard Rome.

PLAN IT WELL

Check current transport, access and opening details before building the day around one attraction.

Historic-centre landmark

A practical snapshot - tap the card to open the full neighborhood article.

Pantheon

BEST FOR Walking itineraries and first-time sightseeing
FEEL Monumental, busy and central
WATCH FOR Crowds, queues and tourist-oriented restaurants
NEARBY Piazza Navona, Campo de' Fiori, Trevi

WHO SHOULD CHOOSE IT?

Travelers willing to trade calm for exceptional centrality.

PLAN IT WELL

Check current transport, access and opening details before building the day around one attraction.

The fountain district

A practical snapshot - tap the card to open the full neighborhood article.

Trevi

BEST FOR Short stays, photography and central walks
FEEL Dramatic, energetic and highly visited
WATCH FOR Dense crowds and higher prices
NEARBY Spanish Steps, Pantheon, Via del Corso

WHO SHOULD CHOOSE IT?

Visitors with limited time who want famous sights immediately nearby.

PLAN IT WELL

Check current transport, access and opening details before building the day around one attraction.

Your quick decision matrix

Ancient sights	Monti
Vatican	Prati
Nightlife	Trastevere
Food culture	Testaccio
Central landmarks	Pantheon / Trevi
Groups up to 7	Monti

For a balanced first stay, our recommendation is Monti: ancient Rome, Termini and local dining remain within practical reach.

Cacio & Pepe Apartments are in Monti near Santa Maria Maggiore, the Colosseum and Termini.

Two independent apartments

One sleeps up to 4 and the other up to 3. Book both for a group of up to 7 while keeping separate spaces.

Plan your stay hub

Compare neighborhood guides, family content and practical Rome planning in one place.

Contact the host

Ask about dates, guest numbers and which apartment combination may fit your stay.

Sources checked 26 August 2026: official Turismo Roma pages and the six live Cacio & Pepe neighborhood articles. Transport, access and venue details can change.