



CACIO & PEPE
APARTMENTS IN ROME

**A POCKET-SIZE GUIDE
FOR CURIOUS TEENS**

ROME WITH TEENAGERS

Culture, Fun, Social & Food

CREATE | EXPLORE | TASTE

Rome with teenagers

Photo spots, street art, screen locations, contemporary culture and food that feels like part of the trip.

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CACIO & PEPE APARTMENTS IN ROME

Pick the mood, not just the monument

A balanced Rome day works best when teens can choose one headline activity and one social, creative or food stop.

1 Photo mission

CAMERA

Dawn landmarks, unusual viewpoints and five shots with a clear theme.

2 Street-art Rome

URBAN

Ostiense: murals, industrial architecture and contemporary city life.

3 Make something

HANDS-ON

Choose a pasta or pizza class instead of another passive visit.

4 Screen-location walk

ON SCREEN

Connect ancient Rome with films, series and the Rome chapters of Emily in Paris.

5 Modern culture

RAINY DAY

MAXXI, design, photography and architecture - then a relaxed dinner.

Best rhythm: one booked activity + one flexible neighbourhood.

Five photo spots worth an early start

1

Trevi Fountain

EARLY

Go early. Step back for the full architecture, then take details of water, stone and reflections.

2

Colosseum from Colle Oppio

FRAME

Use trees and pathways as a natural frame. Respect barriers and avoid blocking local paths.

3

Piazza Navona

STREET

Look for symmetry, fountains, pastel façades and candid movement rather than one static selfie.

4

St Peter's dome

PANORAMA

A demanding climb with a major panorama. Check official hours, security and closures before going.

5

Spanish Steps

SUNRISE

Sunrise gives softer light and fewer people. Photograph, but do not sit on the steps.

Ostiense: Rome beyond marble

A half-day for teens who enjoy murals, photography, design and neighbourhoods with a more lived-in feel.

Build a self-guided visual hunt

Start around Porto Fluviale and the Gazometro; the art changes over time.

● Hunting Pollution

Find Iena Cruz's mural made with air-purifying paint. Photograph the work and its urban setting.

● Wall of Fame

Look for JB Rock's alphabet of famous faces and choose the portrait that works best as a close-up.

● Industrial Rome

Use the Gazometro, warehouses and railway lines to create a contrasting photo series.

● Add Centrale Montemartini

A striking mix of classical sculpture and former power-station machinery. Check opening times first.

KEEP IT RESPECTFUL

Murals are public art, but homes and residents are not attractions. Keep noise down and do not stage photos in doorways.

Choose an experience with a skill

The strongest teen activities give them something to do, decide or learn - not just another place to stand.

A

Cooking class

MAKE

Pasta or pizza works well because everyone makes, eats and remembers the result. Confirm language, duration, allergies, cancellation terms and whether minors need an adult.

B

Vespa passenger tour

CHECK FIRST

A cinematic way to see more of Rome, but choose a licensed operator. Check minimum age, helmet, insurance, weather policy and whether every teen rides only as a passenger.

C

Photo challenge

FREE

Give each person a theme - red Rome, reflections, textures, doors or street typography - then compare a five-image edit over dinner.

OUR RECOMMENDATION

Book only one structured activity per day. Leave enough unscheduled time for food, shopping and spontaneous stops.

Rome on screen: build your own scene

Rome entered the Emily in Paris story in Season 4 and remains central in Season 5 - not Season 3, as older summaries sometimes state.

1

Colosseum

SEASON 4

Use it as a backdrop, as the series does, but photograph from a safe pedestrian viewpoint.

2

Trevi Fountain

SEASON 4

Recreate the coin-toss moment without crowding the basin. Go early for a cleaner frame.

3

Spanish Steps

SEASON 4

The show uses them romantically; real visitors must not sit on them. Sunrise is the smart compromise.

4

Piazza Navona

CINEMA

A classic screen location beyond one series - ideal for architecture, movement and night lighting.

5

Make a 30-second edit

CREATE

Five clips only: arrival, detail, movement, reaction, final wide shot. Edit after the walk, not while crossing streets.

Three museums with very different energy

A

MAXXI

MODERN

Contemporary art, architecture, photography and Zaha Hadid's building. Under-18s currently enter free; ages 18-24 have a reduced ticket. Check exhibitions before choosing it.

B

Capitoline Museums

ANCIENT

Ancient sculpture plus broad city views. Give the visit a mission: choose one room, one portrait and one object worth explaining later. Non-resident visitors aged 6-25 receive a reduction.

C

Vatican Museums

ICONIC

Best for teens who actively want major art and the Sistine Chapel. Pre-book only through the official portal; bring documents for any reduced ticket.

DON'T TRY TO "DO" THE WHOLE MUSEUM

Agree on three highlights in advance, add a café stop and leave while attention is still alive.

Dinner that still feels like Rome

After a full day, atmosphere and timing matter as much as the menu. Book when possible and avoid waiting until everyone is exhausted.

1

Pizzeria La Montecarlo

CASUAL

Fast, informal and known for thin Roman-style pizza. A good low-pressure choice near Campo de' Fiori.

2

Baccano

STYLISH

A polished Mediterranean brasserie near the Trevi Fountain, open from lunch until late. Better for teens who enjoy a lively, grown-up atmosphere.

3

Roscioli

FOOD-LED

Roman classics and strong food identity. Reserve early and confirm the exact venue, since the Roscioli name covers several experiences.

A SIMPLE TEEN FOOD CHALLENGE

Across the trip, compare one pizza, one pasta and one gelato. Ask everyone to choose a winner and explain why - no need to turn every meal into a long tasting menu.

Stay in Monti, explore at your own pace

Cacio & Pepe Apartments are close to Santa Maria Maggiore and the Colosseum, with kitchens, independent space and an easy base for flexible teen-friendly days.

A PRACTICAL CITY BASE

One apartment sleeps up to 4, the other up to 3. Book both for a group of up to 7 while keeping two independent spaces.

[VIEW THE APARTMENTS](#)

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READ THE FULL ARTICLE

Scan for the original article, live links and future updates to this guide.

SOURCE CHECK

Checked 26 August 2026 using official sources: Turismo Roma, Parco archeologico del Colosseo, St Peter's Basilica, MAXXI, Musei Capitolini, Vatican Museums, Netflix Tudum and the restaurants' official websites. Hours, exhibitions and ticket rules can change - tap the linked cards before visiting.